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GOOD WORKS MAT

Pilates Mat Class for Donations to Local Non-Profits

Date: Wednesdays, August 21 – September 25

Location: Homewood Park (Meet in park across from Applause Dancewear.)

Time: 6:00 – 7:00pm (weather permitting)

Advance Sign-Up Appreciated:

www.aerojoepilates.com (Click Class Schedule).

**Donations accepted in any amount.
Proceeds of this series to benefit
the Laura Crandall Brown
Ovarian Cancer Foundation...**

